

## Explore the undiscovered Kyrgyzstan (Green Tour)

Страна: Kyrgyzstan

Organizing any complexity of tours to Issyk-Kul, Son-Kul, around Kyrgyzstan and Central Asia. We guarantee you high quality of service and individual approach!:

Embark on an unforgettable journey through the wild beauty of Kyrgyzstan. This route takes you through the rugged gorges of the Talas Ala Too, where you'll ride on horseback through stunning valleys with panoramic views of towering peaks and vast landscapes. You'll pass through dense forests, ancient petroglyphs and serene lakes, and eventually you'll reach the stunning Sary-Chelek Lake, a hidden gem located within a national reserve. Immerse yourself in the local culture, visit the largest natural walnut forest, and experience the hospitality of the people who live here. This adventure is full of amazing challenges and moments of pure serenity, all set against the backdrop of one of the most beautiful and unspoiled regions of Central Asia.

### Day 1: Airport - Bishkek

After arriving at Manas International Airport, you'll be transferred to your hotel for check-in (standard check-in time) and a short rest. Then, head out to explore Bishkek on a city tour. Walk through the peaceful Oak Park, then visit Ala-Too Square, the heart of the city. See the grand Philharmonic Hall, the impressive Manas Statue, and the historic Victory Square. End the day with a visit to the Historical Museum, where you'll learn more about Kyrgyzstan's rich history and culture.

Overnight: Bridges or similar

Meals: dinner

### Day 2: Bishkek - Suusamyr pass - Talas

After breakfast, set off on a journey to Talas City, covering 300 kilometers of stunning landscapes. Along the way, cross the breathtaking Too Ashu Pass (3,585 m), where you'll be treated to panoramic views of the vast Suusamyr Valley. Stop for lunch at a local café or enjoy a picnic surrounded by nature.

The drive continues over the scenic Otmek Pass (3,200 m), winding through rugged mountain terrain before reaching Talas. Upon arrival, visit Manas Ordo, a sacred historical complex honoring the legendary Kyrgyz hero, Manas. After exploring this cultural landmark, check into a cozy guesthouse, where you will be able to see the process of making handmade felt carpets and products from felt using a traditional method. End the day with a warm, traditional dinner.

Overnight: Guest House

Meals: B, L, D

### Day 3: Talas - Urmalar gorge

After breakfast, embark on a journey to Madaniyat village (1,270 m), the starting point of your horseback riding adventure. Upon arrival, meet the skilled stablemen and guides who will introduce you to your horse. Take part in a trial riding session to get comfortable in the saddle before setting off.

The journey begins along a peaceful stream, leading into the picturesque Urmalar Gorge. As you ride through the rugged landscapes, take in the breathtaking views that once inspired Chingiz Aitmatov, Kyrgyzstan's most celebrated writer. Many of his famous works, including *The Day Lasts More Than a Hundred Years* and *Farewell, Gulzary!*, were shaped by the natural beauty and cultural heritage of Talas.

Pause for a picnic lunch in the heart of nature before continuing your ascent to 1,590 meters. Upon reaching the campsite, settle in and enjoy a warm, hearty dinner by the campfire. As night falls, gather around the fire with your guides, listening to stories about the nomadic way of life, their deep connection to the land, and centuries-old traditions.

Before retreating to your tent, take a moment to gaze at the endless starry sky, unspoiled by city lights. The crisp mountain air and the silence of the wilderness create the perfect setting for stargazing, making this an unforgettable night in the Kyrgyz mountains.

Overnight: tent camp

Meals: B, L, D

Riding distance: 20 km, ~6/7 hours

Altitude during the day: from 1270 to 1590 m

### 4. Day 4: Urmalar gorge - Chiim Tash pass

### Day 5: Chiim Tash pass - Kara-Kulja pass

After breakfast, continue your trek along a winding mountain river toward Kara Kulja Pass (3,161 m). Unlike the previous day's challenging ascent, today's route is more relaxed, allowing you to fully immerse yourself in the untouched beauty of Kyrgyzstan's hidden landscapes.

As you traverse this remote wilderness, keep an eye out for wildlife—majestic vultures soaring overhead and playful marmots darting between the rocks. The silence of the mountains, broken only by the sound of rushing water and the distant call of birds, creates a truly serene atmosphere.

Stop for a peaceful picnic lunch surrounded by breathtaking views before continuing your journey through rolling hills and open valleys. By evening, arrive at the tent camp, where a warm dinner and a crackling campfire await. Relax under the vast night sky, sharing stories with your fellow travelers before settling into your tent for another night in the heart of nature.

Meals: B, L, D

Altitude during the day: from 2750 m to 3161 m to 2260

Riding distance: 18 km, ~5/6 hours

#### Day 6: Kara Kulja pass - Kashka Suu valley - Kara-Kamysh lake

After breakfast, gear up for a challenging yet exhilarating day of trekking. Today's journey takes you across Kashka Suu Pass (3,415 m), a steep and demanding ascent that pushes your endurance but rewards you with breathtaking views of the towering mountain peaks stretching endlessly into the horizon. The crisp alpine air and the raw, untouched beauty of the landscape make every step worthwhile.

After conquering the pass, begin your descent toward the mesmerizing Kara Kamysh Lake. Along the way, pause for a picnic lunch, surrounded by sweeping valleys and rugged cliffs. As you approach the lake, the scenery transforms into a serene paradise—its crystal-clear waters reflecting the sky, framed by lush green meadows and dramatic rock formations. The silence of nature is broken only by the gentle lapping of the water and the distant sounds of birds and rustling grass.

Set up camp next to the lake, where you'll spend the night in a cozy yurt. As the sun sets, the lake takes on a golden hue, and the stars begin to scatter across the night sky. Enjoy a well-earned dinner, relax by the fire, and soak in the peacefulness of this hidden gem before drifting off to sleep in the heart of nature.

Overnight: tent camp

Meals: B, L, D

Altitude during the day: 2250 m to 3415 m to 1800 m

Riding distance: 22 km, ~6/7 hours

#### Day 7: Kara-Kamysh lake - Kotormo pass - Sary-Chelek national reserve

After breakfast, embark on the final leg of your horseback adventure, crossing the scenic Kotormo Pass (2,440 m) into the breathtaking Sary Chelek National Reserve. This is the grand finale of your riding journey, leading you to one of Kyrgyzstan's most stunning natural treasures.

As you approach Sary Chelek, the landscape opens up to reveal a pristine alpine paradise. Formed over 10,000 years ago by a powerful landslide, the lake stretches 2.5 km in width and 75 km in length, resting at an altitude of 1,873 meters. Its deep blue waters mirror the sky, surrounded by lush forests, dramatic cliffs, and hidden gorges teeming with wildlife. Keep an eye out for eagles soaring above or deer grazing in the distance.

After soaking in the panoramic views, enjoy a peaceful picnic before continuing to the smaller yet equally beautiful Iri Kol Lake. Set up camp along its tranquil shores, where you can unwind and reflect on the journey. As the evening sets in, relax over dinner and choose between spending the night in a cozy tent under the stars or at a comfortable hotel within the national biosphere reserve.

Overnight: tent camp/hotel

Meals: B, L, D

Altitude during the day: from 1800 m to 2440 m to 1890 m

Riding distance: 4-5 hours

#### Day 8: Sary-Chelek - Manas

Wake up to the breathtaking view of Sary Chelek Lake, its calm waters reflecting the morning light in a scene of pure tranquility. Enjoy a peaceful breakfast by the shore before bidding farewell to your trusty horses and transitioning from the saddle to a comfortable 4WD jeep. Today is a well-deserved rest day as you make your way to Manas, taking in the ever-changing landscapes along the drive.

Upon arrival, embark on a city tour to discover the unique charm of this vibrant town. Visit the famous Jalal-Abad Sanatorium, known for its mineral-rich springs, and stroll through the Central Bazaar, where locals trade fresh produce, colorful fabrics, and handcrafted goods. Then, take part in a traditional bread-making workshop, where you'll learn the centuries-old technique of baking in a tandyr, a clay oven. Feel the warmth of the freshly baked bread as you enjoy it with mash kordo (a hearty local soup) and shashlik (succulent grilled meat skewers). Check into a comfortable hotel, then, in the evening, experience true Uzbek and Kyrgyz hospitality with a warm, home-cooked dinner at a local family's house. Share stories, taste authentic dishes, and immerse yourself in the rich cultural traditions before settling in for the night.

Overnight: 4\* Hotel

Meals: B, L, D

Cultural activities: bread-making in tandyr

#### Day 8: Manas - Arslanbob

After breakfast, set out for the breathtaking Arslanbob Forest, the largest walnut forest in the world, spanning 600,000 hectares and sitting at an altitude of 1,700 meters. The scenic drive offers picturesque views of rolling hills, quaint villages, and endless countryside landscapes.

Upon arrival, visit a local walnut oil factory, where you'll see the traditional process of pressing walnuts into rich, flavorful oil. Learn how generations of locals have harvested walnuts from these ancient trees, a practice that has sustained communities for centuries.

Next, take a scenic hike or a bicycle ride to the small Arslanbob waterfall, a serene spot hidden within the forest. As you explore, breathe in the fresh mountain air and admire the diverse mix of nut and fruit trees that make this region so unique.

Immerse yourself in village life, strolling through the charming streets, meeting friendly locals, and witnessing daily traditions that have remained unchanged for generations. Check in to a cozy family guesthouse, where you'll experience true Kyrgyz hospitality.

In the evening, gather around to hear the legend of Arslanbob and Alexander the Great, a tale woven into the history of this mystical place. As the day comes to an end, reflect on the incredible diversity of landscapes, traditions, and cultures that make Kyrgyzstan so special.

Overnight: guest house

Meals: B, L, D

Cultural activities: visit walnut oil factory

Day 10: Arslanbob - Uzgen - Osh

After breakfast, depart for Osh, Kyrgyzstan's second-largest city, with a history stretching back over 3,000 years. Along the way, stop in Uzgen, a town that once served as the capital of the Karakhanid dynasty. Explore the ancient market, where traders have gathered for centuries, and visit the Uzgen mausoleum, an impressive 11th-12th-century architectural masterpiece that reflects the region's deep historical roots.

Continue to a rice plantation, where you'll see how one of Kyrgyzstan's most famous rice varieties is cultivated. Stop by a traditional windmill at a local rice factory and learn about time-honored processing techniques that have remained unchanged for generations.

For lunch, enjoy freshly baked tandyr samsy (meat-filled pastries cooked in a clay oven) paired with green tea at a traditional chaihana (teahouse). Observe how locals—especially elderly men—gather in the chaihana, chatting over endless pots of tea, sharing stories, and discussing daily life. This is the perfect place to experience the warmth of Kyrgyz hospitality and immerse yourself in local traditions.

Arrive in Osh in the afternoon and embark on a city tour. Visit Suleiman-Too (Solomon's Mountain), a UNESCO World Heritage site and a sacred place for pilgrims, offering panoramic views of the city. Explore the Suleiman-Too museum, housed inside a cave, showcasing the spiritual and historical significance of the mountain.

Later, wander through the bustling Osh Bazaar, one of the oldest markets in Central Asia, where traders still sell goods as they did in the times of the Great Silk Road. The market is alive with the scent of spices, the vibrant colors of fresh produce, and the sound of merchants calling out their best deals.

In the evening, enjoy a traditional Uzbek dinner at a local family home, savoring authentic dishes like plov, manti, and shurpa, while experiencing the genuine warmth of Uzbek hospitality.

Overnight: 4\* Hotel

Meals: B, L, D

Cultural activities: knife making master class / tandyr making pottery master class

Day 11: Osh - Airport

Meet your driver for a transfer to the airport for your return flight to your home .

Meals: B

Included in the price

- Проживание в отеле

Period:

June-September

From 1580 \$

Days: 11 / Nights: 10



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